

Anti-Racism Bingo

How to play: Engage in meaningful learning, reflection, and action by completing the tasks in the boxes. Aim for a full row, column, or diagonal—or challenge yourself to complete the entire board!

Share your progress and insights with others to encourage discussion and growth.

B	I	N	G	O
Compliment someone without mentioning appearance	Watch a TED Talk on racism (e.g., <i>"The danger of a single story"</i> , or <i>How to Outsmart Your Own Unconscious Bias</i>)	Have a conversation with someone from a different background	Listen to a diversity-focused podcast episode (e.g. <i>Codeswitch</i> , <i>What Now? With Trevor Noah</i> – episode with <i>Ruha Benjamin</i>)	Greet someone in their native language
Teach someone else about a new term/idea/concept you learned	Take an Implicit Association Test (IAT) by Harvard's Project Implicit		Follow a news source or influencer outside your usual bubble	Reflect about a time you witnessed discrimination but didn't speak up (<i>What stopped you? How would you handle it now?</i>)
Learn about a historical event related to racism (e.g., <i>Apartheid</i> , <i>Jim Crow laws</i> , <i>Colonialism</i>)	Attend an event about diversity & inclusion (festivals or workshops count)	Call out or challenge a racist joke/stereotype in a respectful way	Share a personal experience or reflection about discrimination with a friend	Read an article about racism in a country different from your own
Write a thank-you note to a teacher, mentor, or colleague who made you feel included	Read a book/article by a BIPOC author (<i>Black</i> , <i>Indigenous</i> , or <i>Person of Color</i>)	Try a dish from a background unfamiliar to you & learn its history	Say "I don't know enough about that topic" & commit to learning (<i>It's okay to admit gaps in knowledge</i>)	Visit a museum about a culture you've never explored before
Watch a documentary about racial injustice (e.g., <i>13th</i> or <i>When They See Us</i>)	Write down 3 privileges you have that others might not & reflect on how these shape your experiences	Support a minority-owned business (e.g., buy from them or share their info)	Listen to a song from a culture you don't usually engage with	Research the meaning of a term like <i>unconscious bias</i> , <i>microaggressions</i> , or <i>systemic racism</i>